

BAPIO Training Academy  
in collaboration with Ujala Cygnus group

# POST GRADUATE PROGRAM IN PRIMARY CARE AND ACUTE MEDICINE





## ABOUT BAPIO

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British Association of Physicians of Indian Origin (BAPIO) is a national voluntary organization established in 1996 with a commitment to the principle of providing high quality patient care through the National Health Service (NHS). Since conception in 1996 with the initial aim of supporting international medical graduates, BAPIO has grown in stature and influence to become one of the largest organizations of its type in the country.

With collaborations with the General Medical Council, we foster and instill practical leadership skills and capabilities while monitoring, highlighting and addressing the concerns faced by medical professionals.

We have four arm's length organizations: Medical Defense Shield, BAPIO Training Academy, BAPIO Institute for Health Research and British Indian Nurses Association.

## ABOUT BTA

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BAPIO Training Academy (BTA) is one of the important pillars of BAPIO strategy to promote professional and clinical excellence through education and training.

The Indo-UK Training Program has been devised to assist Indian doctors seeking higher qualification and training and an aspiring career in medicine in India. These training programs focus on Innovation, skill development and leadership across all aspects of medical education and empower young doctors to gain mobility between the two countries promoting joint prosperity of India and the UK.

# WELCOME MESSAGES



**Ruchi Ghanshyam**

Patron

Former High Commissioner  
of India to the UK

India is now producing over 83,275 medical graduates every year through its network of 558 medical colleges. However, there are a limited number of Post Graduate training positions to impart higher speciality training. As a result, a number of doctors, though brilliant, continue to work as MBBS doctors. This limits their opportunities for career progression.

Doctors, nurses and other non-physician clinicians play an increasingly important role in both industrialised and developing countries. The current pandemic highlights the need for every healthcare system to have sufficient numbers of adequately trained doctors/clinicians. In pursuit of this objective, BAPIO Training Academy has joined hands with the Ujala Cygnus group to launch a post graduate program in Primary Care and Acute Medicine, an effort that will commence at the Ujala Cygnus chain of hospitals.

This pilot project could pave the way for a larger upskilling project for MBBS doctors in India, thus fulfilling the dream of Ayushman Bharat.



**Dr Ramesh Mehta**

President - BAPIO



**Prof Parag Singhal**

Executive Director BTA,  
Chair of Indo-UK Programs

The Indo-UK Training Programme in Acute Medicine has been devised to upskill Indian MBBS doctors seeking higher qualification and training and an aspiring career in Medicine in India.

A group of interested doctors will be recruited for this program and will be enrolled in MSc in Acute Medicine which will provide them with knowledge, hands on clinical training and bedside medicine by local faculty and topped up virtually by UK based faculty.

The training programme will focus on Innovation, clinical skill development across all aspects of medical education and empower young doctors to gain the necessary skills enabling them to progress in their career and deliver quality care to patients.

Bapio Training Academy by integrating international, cultural and global dimension into medical education wishes to enhance its quality and prepare international medical graduates and postgraduates for professional practice in a globalized world, a much-needed skill required during challenges like Covid-19.

This Indo UK venture gives new dimension to the Indo UK collaboration in promoting health and well-being in India.



## **Prof Tamorish Kole**

Founder Course

Director - Emergency Medicine

We are all aware that the Sustainable Development Goals (SDGs) reaffirm a global commitment to achieve universal health coverage (UHC) by 2030. This means that all people and communities, everywhere in the world, should have access to the high-quality health services they need – promotive, preventive, curative, rehabilitative, or palliative – overcoming barriers due to access, availability and affordability.

High-quality health services involve the right care, at the right time, responding to the service users' needs and preferences, while minimizing harm and resource waste. To do this we need to skill our physician workforce in all three domains – Primary Care, Emergency Care, and Intensive Care.

I strongly believe that through this program we will be able to establish and sustain a health professional workforce with the capacity and capability to meet the demands and needs of the population for high-quality care up to the last mile of India.



## **Mr. Probal Ghosal**

Chairman - Ujala Cygnus Healthcare

Director - UCERI

Our idea of creating a value based inclusive healthcare organization encompassing primary, preventive, secondary and tertiary for Tier 2 and 3 communities by providing quality care with emphasis on affordable and convenience for Ujala Cygnus Healthcare Services has led to strengthening the portfolio of services towards capacity building and skill development of healthcare and allied areas. UCERI will add industry ready skills and job-oriented trainings to rural and low income communities and add value by providing skilled and certified workforce for country.



## **Dr Shuchin Bajaj**

Founder Director -  
Ujala Cygnus Healthcare  
Director - Ujala Cygnus Healthcare  
and Research Institute Pvt Ltd (UCERI)

India is one of the youngest countries of the world, and we need our communities to be well educated and well skilled and to make them employment ready for the industry, which is lacking in some of our formal education industry. We hope this endeavor of UCERI will lead to better skilling, better education and better employability for the youth to ensure that they have a bright future and to ensure fast-growing and a healthy economy of the country.



## **Dr Dinesh Batra**

Founder Director -  
Ujala Cygnus Healthcare

Skilling up and continuous updating of healthcare providers including general practitioners, specialists and super specialists enable them towards better patient outcomes. Upskilling the healthcare providers through upgraded and continuous medical studies is the key to efficient healthcare delivery when the non-communicable disease burden is increasing at a fast pace in our country. We are also working towards increasing the reach of our platform both breadth and depth; across states and deeper within to reach tier 3 and below as well. Our modules will allow doctors in smaller towns and cities as well to easily stay abreast of latest developments in the medical field," said Dr. Dinesh Batra, Director, Ujala Cygnus Healthcare Services.



## **Dr Bipin Batra**

Chair Assessment & Quality panel

# About

## UJALA CYGNUS GROUP

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Ujala Cygnus Healthcare and Research Institute Pvt Ltd (UCERI), an education, research and training arm of Cygnus Medicare Pvt Ltd (Ujala Cygnus Hospitals), is institutionalized primarily to undertake the concerns of the healthcare industry workforce shortages and deficient skills of staff in metro and non-metropolitan regions. UCERI pledges in protecting and supporting health workforce, building capacity and optimizing responsibilities, improving availability and rationalizing distribution, reviewing and strengthening policy and regulations and ensuring consideration of gender and equity and create a balanced workforce for the benefit of both healthcare organizations and regional population looking for employment and skill development.

### **Vision**

A recognized centre committed to scholarly and professional excellence in healthcare, education and leadership.

### **Mission**

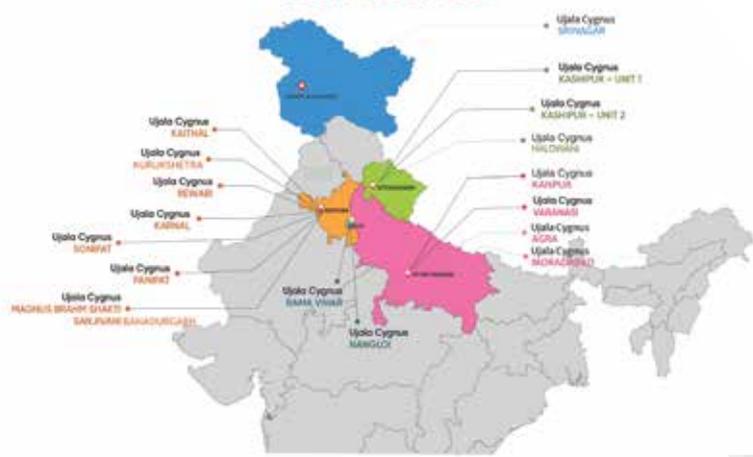
To provide quality education and training through creation, preservation, integration, transmission and utilization of knowledge, cutting-edge technology and innovation.

### **Core Values**

To realize the stated vision and mission, the Faculty aspires to nurture values that are vital to its mandate. The core values of the Faculty are:

- **Meritocracy:** The Faculty shall promote meritocracy and foster a work environment characterized by team spirit and teamwork.
- **Leadership:** The Faculty shall provide leadership in setting the national and international health and development goals.
- **Social responsibility:** Sensitivity to needs of the society and respect for human rights shall be the hallmark of institution.
- **Freedom of thought and expression:** The Faculty shall promote and defend freedom of thought and expression in academic inquiry and activities.
- **Integrity:** In its interactions, the Faculty shall be guided by the virtues of truth, honesty, tolerance and accountability.
- **Professionalism and ethics:** The Faculty shall nurture responsible professionalism, promote mentorship, maintain ethical behaviour and etiquette.
- **Research culture:** The Faculty shall initiate and sustain relevant, creative, innovative and inventive research and ethical for the benefit of mankind.
- **Respect for and conservation of the environment:** The Faculty promotes protection of the environment.

# Ujala Cygnus Group Presence



## Ujala Cygnus Group Hospitals



Ujala Cygnus Varanasi



Ujala Cygnus Sonapat



Ujala Cygnus Rewari



Ujala Cygnus Panipat



Ujala Cygnus Nangloi



Ujala Cygnus Brightstar,  
Moradabad



Ujala Cygnus Rama Vihar



Ujala Cygnus Hospital  
Kurukshetra



Ujala Cygnus Kashipur - Unit 1



Ujala Cygnus Karnal



Ujala Cygnus Kanpur



Ujala Cygnus Kaithal



Ujala Cygnus Kashipur  
Unit 2



Ujala Cygnus Hospital  
Haldwani



Ujala Cygnus Magnus Brahm  
Shakti Sanjivani



Ujala Cygnus Rainbow  
Hospital, Agra

# Indo-UK round table discussion CAPACITY BUILDING TO ADDRESS HEALTHCARE CHALLENGES

BAPIO Training Academy in collaboration with Ujala Cygnus group hosted the Indo-UK Healthcare Roundtable on Capacity Building in Healthcare at PHD Chamber of Commerce and Industry on 11th December 2021 at PHDCCI, New Delhi



# Structure of PROGRAM

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## Year 1

- MSc. in Acute Medicine (Year 1 - University of South Wales)
- BLS, ACLS, PALS, ATLS or equivalent
- NRP, HDM, Ultrasound training
- E courses-Clinical Epidemiology and scientific writing
- Work life balance & Community development programs
- E portfolio/MSF
- Royal College primary examination (either of the following three) MRCP/MRCEM/MRCPGP
- End of year exam 1

## Year 2

- Msc. in Acute Medicine (Year 2 - University of South Wales)
- Clinical audits
- Simulation sessions-Clinical scenarios
- Critical appraisal workshop
- Community development program
- Good Clinical practice
- E portfolio/MSF
- Optional rotation in the NHS for 4-6 weeks
- Intermediate exams
- End of year exam 2

## Year 3

- Msc. in Acute Medicine (Year 3 - University of South Wales)
- Clinical audit
- Simulation sessions-Clinical scenarios
- E portfolio/MSF
- Renew short courses
- OSCE exams
- Optional rotation in the NHS for 4-6 weeks
- Exit exam





# POST GRADUATE PROGRAM IN PRIMARY CARE & ACUTE MEDICINE

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## CURRICULUM

MODULE	TOPIC
1	Orientation
2	Resuscitation
3	Common encounters in primary care
4	Common encounters in Emergency care
5	Common encounters in Intensive care
6	Cardiovascular system - Module 1 (MSc. in Acute Medicine - REF Module)
7	Respiratory system - Module 1 (MSc. in Acute Medicine)
8	Gastrointestinal system - Module 3 (MSc. in Acute Medicine - REF Module)
9	Pediatrics
10	Toxicology - Module 6 ( MSc. in Acute Medicine - REF Module)

<b>MODULE</b>	<b>TOPIC</b>
11	Trauma
12	Orthopedics/Musculoskeletal
13	Infectious diseases - Module 4 (MSc. in Acute Medicine)
14	Neurology - Module 5 (MSc. in Acute Medicine)
15	ENT/Ophthalmology
16	Dermatology
17	Endocrinology Module 2 (MSc. in Acute Medicine)
18	Renal/Genitourinary system -Module 6 (MSc. in Acute Medicine)
19	Hematology/Oncology
20	Tropical diseases
21	Obstetrics/Gynecology
22	Mental health
23	Palliative /End of life care
24	Public Health principles/Research Methodologies and Critical Appraisal (MSc. in Acute Medicine module)
25	Care of children & young people
26	Care of older adults
27	Women's health
28	Men's health
29	Sexual health
30	Intensive Care 1
31	Intensive Care 2
32	Care of people who misuse drugs & alcohol
33	Long term care
34	Principles of quality management in health care - (MSc. in Acute Medicine - Module 2)
35	Technology in clinical practice
36	Revision module

# ROTATION PLAN

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## Year 1

- Primary care - OPD & Wards (4 months)
- Emergency Department (5 months)
- Anesthesia (1 month)
- CCU (1 month)
- MICU (1 month)

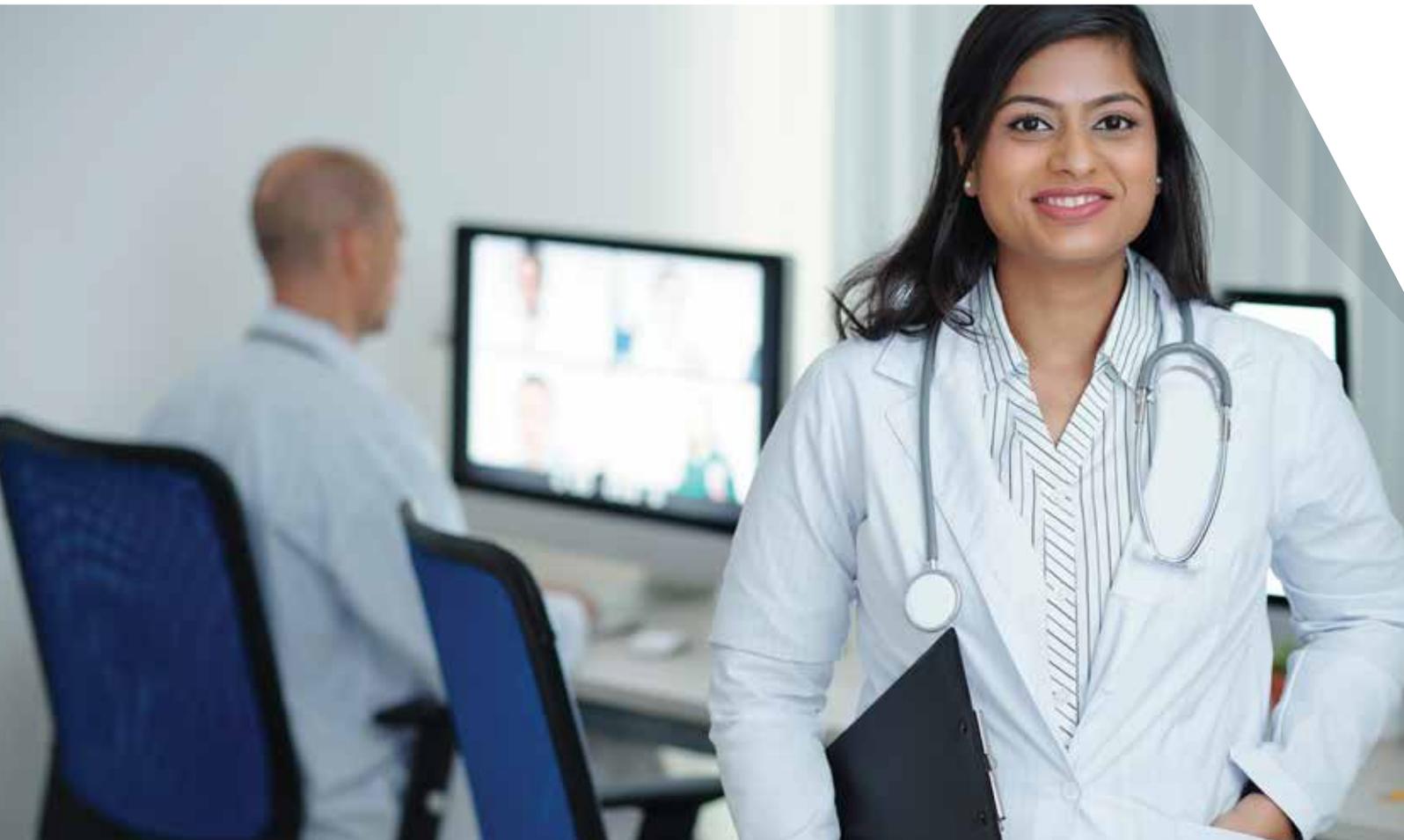
## Year 2

- Primary Care-OPD & Wards (5 months)
- Emergency Department (4 months)
- Trauma (1 month)
- SICU (1 month)
- Obstetric & Gynecology (1 month)

## Year 3

- Primary Care-OPD & Wards (3 months)
- Emergency Department (3 months)
- ICU/Elective (3 months)
- Pediatric Emergency Medicine (1 month)
- PICU (1 month)

Optional rotation of 6 weeks in the NHS.



# EDUCATION PROGRAM

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## Daily

- Bedside /OPD teaching from onsite faculty
- One hour morning seminars with emphasis on case based teaching
- Case presentation by resident
- Supervised clinical handover
- Daily feedback on Clinical rounds

## Weekly

- At least 8 hours or an educational conference that will include
- Didactic lectures
- Case conferences
- Journal article discussion
- Guest lectures

# FUNDAMENTAL COMPONENTS OF THE EDUCATIONAL PROGRAM

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- Lectures on the modular topic of the month
- Shop floor teaching
- Didactics on monthly
- Cased based discussion
- Monthly grand rounds
- Mortality & morbidity conferences
- Procedures/skill workshops
- Osce sessions
- Applied basic sciences
- Weekly mcq tests
- Clinical audits





# PRIMARY TEXT BOOKS

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## **EMERGENCY MEDICINE**

Emergency Medicine: A Comprehensive Study Guide edited by Judith E. Tintinalli (9th edition)  
Clinical Procedures in Emergency Medicine by James R Roberts and Jerris Hedges (7th edition)

## **PRIMARY CARE**

Oxford Handbook of General Practice (5th edition)

## **INTENSIVE CARE**

Irwin & Rippe's manual of Intensive Care medicine (6th edition)

# Network of Hospitals for BTA PROGRAMS

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Kingsway Hospitals, Nagpur



SIMS Chennai



Park Hospital, Gurgaon



Aakash Healthcare, New Delhi



SAIMS Indore



Aster Calicut  
(Launched Dec. 2021)



Metro Hospital, Noida

# CONTACT INFORMATION

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**Excellence in Medical Education  
and Training**